



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

SCHMIDT, Susanne

Club: FV - HmM Arnstadt

Number: 117

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend W15 (15 Jahre)

Total time: 24:30

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 17 (of 40)

Rank in course/Women: 3 (of 14)

Best time in course: 22:27

Rank in category: 1(of 3)

Best time in the category: 24:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:11	4:28	1	-	3	0:20	1.38	6:11	4:28	1	-	3	0:20
Lap 2	2.34	11:39	4:58	1	-	3	0:49	3.72	17:50	4:47	1	-	3	1:09
Last lap Finish	1.28	6:40	5:12	1	-	3	0:54	5.00	24:30	4:54	1	-	3	2:03