



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

RIESE, Lea

Club: Die flinken Gerataler

Number: 113

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend W13 (13 Jahre)

Total time: 25:10

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 20 (of 40)

Rank in course/Women: 4 (of 14)

Best time in course: 22:27

Rank in category: 1(of 2)

Best time in the category: 25:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:13	4:30	1	-	4	0:22	1.38	6:13	4:30	1	-	4	0:22
Lap 2	2.34	12:09	5:11	1	-	4	1:19	3.72	18:22	4:56	1	-	4	1:41
Last lap Finish	1.28	6:48	5:18	1	-	4	1:02	5.00	25:10	5:01	1	-	4	2:43