



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

NICOLAI, Victoria

Club: LSV Lok Arnstadt

Number: 112

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend W15 (15 Jahre)

Total time: 26:56

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 25 (of 40)

Rank in course/Women: 6 (of 14)

Best time in course: 22:27

Rank in category: 2(of 3)

Best time in the category: 24:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:45	4:53	2	0:34	6	0:54	1.38	6:45	4:53	2	0:34	6	0:54
Lap 2	2.34	12:55	5:31	2	1:16	6	2:05	3.72	19:40	5:17	2	1:50	6	2:59
Last lap Finish	1.28	7:16	5:40	2	0:36	6	1:30	5.00	26:56	5:23	2	2:26	6	4:29