



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

SÖCHTING, Aischa

Total time: 29:09

Club: N3 Engine Overhaul Services GmbH & Co.KG
Number: 119

Speed: 10.29 km/h

Running performance: 5:50 min/km

Course: 5.00 km

Rank in course/Total: 28 (of 40)

Die Schwenninger Krankenkasse 5-km-Lauf

Rank in course/Women: 7 (of 14)

Best time in course: 22:27

Category:

Rank in category: 1(of 3)

Frauen (20-29 Jahre)

Best time in the category: 29:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	7:50	5:40	3	0:39	11	1:59	1.38	7:50	5:40	3	0:39	11	1:59
Lap 2	2.34	13:56	5:57	1	-	7	3:06	3.72	21:46	5:51	2	0:08	10	5:05
Last lap Finish	1.28	7:23	5:46	1	-	7	1:37	5.00	29:09	5:49	1	-	7	6:42