



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Grimm, Johanna

Club: Katholische Laufjugend Arnstadt

Number: 127

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend W13 (13 Jahre)

Total time: 29:09

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 29 (of 40)

Rank in course/Women: 7 (of 14)

Best time in course: 22:27

Rank in category: 2(of 2)

Best time in the category: 25:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:36	4:46	2	0:23	5	0:45	1.38	6:36	4:46	2	0:23	5	0:45
Lap 2	2.34	14:48	6:19	2	2:39	11	3:58	3.72	21:24	5:45	2	3:02	7	4:43
Last lap Finish	1.28	7:45	6:03	2	0:57	8	1:59	5.00	29:09	5:49	2	3:59	7	6:42