



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Petermann, Jens

Club: SV 09 Arnstadt

Number: 123

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 30:09

Speed: 9.95 km/h

Running performance: 6:02 min/km

Rank in course/Total: 33 (of 40)

Rank in course/Men: 23 (of 26)

Best time in course: 18:06

Rank in category: 2(of 3)

Best time in the category: 24:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.38	7:37	5:31	2	1:09	21	2:56	1.38	7:37	5:31	2	1:09	21	2:56	
Lap 2	2.34	14:19	6:07	2	2:39	23	5:49	3.72	21:56	5:53	2	3:48	22	8:45	
Last lap Finish	1.28	8:13	6:25	2	1:44	24	3:18	5.00	30:09	6:01	2	5:32	23	12:03	