



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Müller, Tanja

Club: Arnstadt

Number: 125

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 32:37

Speed: 9.20 km/h

Running performance: 6:31 min/km

Rank in course/Total: 38 (of 40)

Rank in course/Women: 13 (of 14)

Best time in course: 22:27

Rank in category: 1(of 1)

Best time in the category: 32:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	8:45	6:20	1	-	13	2:54	1.38	8:45	6:20	1	-	13	2:54
Lap 2	2.34	15:22	6:34	1	-	12	4:32	3.72	24:07	6:28	1	-	13	7:26
Last lap Finish	1.28	8:30	6:38	1	-	12	2:44	5.00	32:37	6:31	1	-	13	10:10