



# 27. Arnstädter Citylauf

Arnstadt / 29.04.2017

## Detailed evaluation

**Müller, Tanja**

Club: Arnstadt

Number: 125

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 32:37

Speed: 9.20 km/h

Running performance: 6:31 min/km

Rank in course/Total: 38 (of 40)

Rank in course/Women: 13 (of 14)

Best time in course: 22:27

Rank in category: 1(of 1)

Best time in the category: 32:37

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Lap 1           | 1.38        | 8:45          | 6:20            | 1           | -              | 13           | 2:54            | 1.38          | 8:45          | 6:20            | 1           | -              | 13           | 2:54            |
| Lap 2           | 2.34        | 15:22         | 6:34            | 1           | -              | 12           | 4:32            | 3.72          | 24:07         | 6:28            | 1           | -              | 13           | 7:26            |
| Last lap Finish | 1.28        | 8:30          | 6:38            | 1           | -              | 12           | 2:44            | 5.00          | 32:37         | 6:31            | 1           | -              | 13           | 10:10           |