



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Korb, Alexander

Club: TV Bretten Triathlon

Number: 264

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 37:21

Speed: 16.06 km/h

Running performance: 3:44 min/km

Rank in course/Total: 3 (of 62)

Rank in course/Men: 3 (of 45)

Best time in course: 31:41

Rank in category: 2(of 7)

Best time in the category: 31:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	5:49	3:28	2	0:48	3	0:48	1.67	5:49	3:28	2	0:48	3	0:48
Lap 2	2.35	8:46	3:43	2	1:16	3	1:16	4.02	14:35	3:37	2	2:04	3	2:04
Lap 3	2.35	9:01	3:50	2	1:28	3	1:28	6.37	23:36	3:42	2	3:32	3	3:32
Lap 4	2.35	8:54	3:47	2	1:22	3	1:22	8.72	32:30	3:43	2	4:54	3	4:54
Last lap Finish	1.28	4:51	3:47	2	0:46	3	0:46	10.00	37:21	3:44	2	5:40	3	5:40