



27. Arnstädter Citylauf
 Arnstadt / 29.04.2017

Detailed evaluation

ANNEMARIE, Specht

Club: FV - HmM Arnstadt
 Number: 1

Course: 3.00 km
 McDonald`s 3-km-Lauf

Category:
 weibliche Jugend W15 (15 Jahre)

Total time: 14:07

Speed: 12.75 km/h
 Running performance: 4:43 min/km

Rank in course/Total: 7 (of 34)
 Rank in course/Women: 1 (of 16)
 Best time in course: 14:07

Rank in category: 1(of 2)
 Best time in the category: 14:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	7:53	4:35	1	-	1	-	1.72	7:53	4:35	1	-	1	-
Last lap Finish	1.28	6:14	4:52	1	-	1	-	3.00	14:07	4:42	1	-	1	-