



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt

Number: 260

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 43:59

Speed: 13.64 km/h

Running performance: 4:24 min/km

Rank in course/Total: 18 (of 62)

Rank in course/Men: 18 (of 45)

Best time in course: 31:41

Rank in category: 1(of 2)

Best time in the category: 43:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.67	6:43	4:01	1	-	16	1:42	1.67	6:43	4:01	1	-	16	1:42	
Lap 2	2.35	10:17	4:22	1	-	18	2:47	4.02	17:00	4:13	1	-	19	4:29	
Lap 3	2.35	10:28	4:27	1	-	18	2:55	6.37	27:28	4:18	1	-	18	7:24	
Lap 4	2.35	10:37	4:31	1	-	19	3:05	8.72	38:05	4:22	1	-	18	10:29	
Last lap Finish	1.28	5:54	4:36	1	-	25	1:49	10.00	43:59	4:23	1	-	18	12:18	