



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Voigtmann, Katja

Club: Ichtershausen

Number: 235

Course: 10.00 km

n3 10-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 45:15

Speed: 13.26 km/h

Running performance: 4:32 min/km

Rank in course/Total: 24 (of 62)

Rank in course/Women: 1 (of 17)

Best time in course: 45:15

Rank in category: 1 (of 3)

Best time in the category: 45:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	7:10	4:17	1	-	1	-	1.67	7:10	4:17	1	-	1	-
Lap 2	2.35	10:41	4:32	1	-	1	-	4.02	17:51	4:26	1	-	1	-
Lap 3	2.35	10:45	4:34	1	-	2	0:01	6.37	28:36	4:29	1	-	1	-
Lap 4	2.35	10:47	4:35	1	-	2	0:17	8.72	39:23	4:30	1	-	1	-
Last lap Finish	1.28	5:52	4:34	1	-	1	-	10.00	45:15	4:31	1	-	1	-