



9. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 01.04.2017

Detailed evaluation

Swantusch, Nico

Club: Sangerhausen

Number: 59

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:12:43

Speed: 11.55 km/h

Running performance: 4:59 min/km

Rank in course/Total: 11 (of 69)

Rank in course/Men: 11 (of 59)

Best time in course: 55:38

Rank in category: 5(of 11)

Best time in the category: 1:02:11