



9. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 01.04.2017

Detailed evaluation

EHRENBURG, Dirk

Club: medFit Eisleben

Number: 7

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:30:06

Speed: 9.32 km/h

Running performance: 6:10 min/km

Rank in course/Total: 45 (of 69)

Rank in course/Men: 42 (of 59)

Best time in course: 55:38

Rank in category: 3(of 5)

Best time in the category: 1:14:06