



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

SHENWARI, Ali

Club: Cornelius-Werk
Number: 826

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 15:25

Speed: 15.18 km/h
Running performance: 3:57 min/km

Rank in course/Total: 1 (of 49)

Rank in course/Men: 1 (of 30)

Best time in course: 15:25

Rank in category: 1(of 3)

Best time in the category: 15:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time	min/km	Cat.
Prinzess Ilse Que	1.90	8:03	4:14	1	-	1	-	1.90	8:03	4:14	1	-	1	-
Ilseburg/Markt	2.00	7:22	3:40	1	-	1	-	3.90	15:25	3:57	1	-	1	-