



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

ARAB, Fazei Ahmad

Club: Cornelius-Werk
Number: 827

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 15:54

Speed: 11.32 km/h
Running performance: 4:05 min/km

Rank in course/Total: 5 (of 49)

Rank in course/Men: 5 (of 30)

Best time in course: 15:25

Rank in category: 1(of 3)

Best time in the category: 15:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	8:07	4:16	1	-	3	0:04	1.90	8:07	4:16	1	-	3	0:04
Ilseburg/Markt	2.00	7:47	3:53	1	-	6	0:25	3.90	15:54	4:04	1	-	5	0:29