



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Enigk, Matthias

Club: FSV Grün Weiß Ilseburg
Number: 849

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 40:09

Speed: 13.45 km/h
Running performance: 4:11 min/km

Rank in course/Total: 7 (of 181)

Rank in course/Men: 6 (of 120)

Best time in course: 33:03

Rank in category: 4(of 18)

Best time in the category: 33:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	19:56	4:51	4	3:38	6	3:38	4.10	19:56	4:51	4	3:38	6	3:38
Loddenke	2.20	8:22	3:48	6	1:50	14	1:50	6.30	28:18	4:29	4	5:28	6	5:28
Ilseburg/Markt	3.30	11:51	3:35	4	1:45	7	1:47	9.60	40:09	4:10	4	7:06	6	7:06