



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Pyka, Steffen

Club: Citybootcamp Harz  
Number: 603

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 41:26

Speed: 13.03 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 13 (of 181)

Rank in course/Men: 12 (of 120)

Best time in course: 33:03

Rank in category: 1(of 7)

Best time in the category: 41:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	20:44	5:03	2	0:19	11	4:26	4.10	20:44	5:03	2	0:19	11	4:26
Loddenke	2.20	8:14	3:44	2	0:01	12	1:42	6.30	28:58	4:35	2	0:20	13	6:08
Ilseburg/Markt	3.30	12:28	3:46	1	-	10	2:24	9.60	41:26	4:18	1	-	12	8:23