



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

STRAUCH, Fro Sontje

Club: LG Braunschweig
Number: 863

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 8:18

Speed: 7.23 km/h
Running performance: 4:37 min/km

Rank in course/Total: 19 (of 133)

Rank in course/Women: 5 (of 69)

Best time in course: 7:15

Rank in category: 5(of 33)

Best time in the category: 7:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	4:26	4:55	6	0:40	6	0:40	0.90	4:26	4:55	6	0:40	6	0:40
Ilseburg/Markt	0.90	3:52	4:17	5	0:23	5	0:23	1.80	8:18	4:36	5	1:03	5	1:03