



# 47. Brockenlauf

Ilseburg / 02.09.2017

## Detailed evaluation

**BIERMANN, Michael**

Club: Bad Harzburg  
Number: 659

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 43:41

Speed: 12.36 km/h  
Running performance: 4:33 min/km

Rank in course/Total: 21 (of 181)

Rank in course/Men: 17 (of 120)

Best time in course: 33:03

Rank in category: 1(of 11)

Best time in the category: 43:41

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	22:03	5:22	1	-	18	5:45	4.10	22:03	5:22	1	-	18	5:45
Loddenke	2.20	8:44	3:58	1	-	19	2:12	6.30	30:47	4:53	1	-	17	7:57
Ilseburg/Markt	3.30	12:54	3:54	1	-	16	2:50	9.60	43:41	4:33	1	-	17	10:38