



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

UNGRAD, Christian

Club: Goslar
Number: 677

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 44:36

Speed: 12.11 km/h
Running performance: 4:39 min/km

Rank in course/Total: 26 (of 181)

Rank in course/Men: 22 (of 120)

Best time in course: 33:03

Rank in category: 2(of 18)

Best time in the category: 42:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	21:54	5:20	2	0:42	16	5:36	4.10	21:54	5:20	2	0:42	16	5:36
Loddenke	2.20	9:01	4:05	3	0:33	23	2:29	6.30	30:55	4:54	2	1:15	19	8:05
Ilseburg/Markt	3.30	13:41	4:08	3	0:53	28	3:37	9.60	44:36	4:38	2	1:49	22	11:33