



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

GARN Schröder, Hendrik

Club: Marienfeld
Number: 669

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 45:49

Speed: 11.79 km/h
Running performance: 4:46 min/km

Rank in course/Total: 31 (of 181)

Rank in course/Men: 26 (of 120)

Best time in course: 33:03

Rank in category: 8(of 18)

Best time in the category: 33:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:51	5:34	8	6:33	25	6:33	4.10	22:51	5:34	8	6:33	25	6:33
Loddenke	2.20	8:57	4:04	7	2:25	21	2:25	6.30	31:48	5:02	8	8:58	24	8:58
Ilseburg/Markt	3.30	14:01	4:14	9	3:55	33	3:57	9.60	45:49	4:46	8	12:46	26	12:46