



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KLUSMANN, Christian

Club: Wedel
Number: 662

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 45:57

Speed: 11.75 km/h
Running performance: 4:47 min/km

Rank in course/Total: 33 (of 181)

Rank in course/Men: 28 (of 120)

Best time in course: 33:03

Rank in category: 2(of 11)

Best time in the category: 43:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:06	5:38	3	1:03	28	6:48	4.10	23:06	5:38	3	1:03	28	6:48
Loddenke	2.20	9:14	4:11	3	0:30	34	2:42	6.30	32:20	5:07	3	1:33	29	9:30
Ilseburg/Markt	3.30	13:37	4:07	2	0:43	24	3:33	9.60	45:57	4:47	2	2:16	28	12:54