



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

BIRBACH, Oliver

Club: Braunschweig
Number: 777

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 47:59

Speed: 11.25 km/h
Running performance: 5:00 min/km

Rank in course/Total: 48 (of 181)

Rank in course/Men: 42 (of 120)

Best time in course: 33:03

Rank in category: 1(of 10)

Best time in the category: 47:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:08	5:53	1	-	41	7:50	4.10	24:08	5:53	1	-	41	7:50
Loddenke	2.20	9:30	4:19	2	0:05	37	2:58	6.30	33:38	5:20	1	-	41	10:48
Ilseburg/Markt	3.30	14:21	4:20	1	-	43	4:17	9.60	47:59	4:59	1	-	42	14:56