



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Röthing, Sven

Club: Ilseburg
Number: 848

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 48:59

Speed: 11.02 km/h
Running performance: 5:06 min/km

Rank in course/Total: 52 (of 181)

Rank in course/Men: 46 (of 120)

Best time in course: 33:03

Rank in category: 1(of 10)

Best time in the category: 48:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	24:39	6:00	1	-	45	8:21	4.10	24:39	6:00	1	-	45	8:21
Loddenke	2.20	9:43	4:24	1	-	41	3:11	6.30	34:22	5:27	1	-	46	11:32
Ilseburg/Markt	3.30	14:37	4:25	1	-	50	4:33	9.60	48:59	5:06	1	-	46	15:56