



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

BERNING, Anne-Kathrin

Club: SV Stahl Hennigsdorf
Number: 661

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 50:06

Speed: 11.50 km/h
Running performance: 5:13 min/km

Rank in course/Total: 60 (of 181)

Rank in course/Women: 9 (of 61)

Best time in course: 40:44

Rank in category: 4(of 9)

Best time in the category: 41:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	25:07	6:07	4	4:37	9	5:00	4.10	25:07	6:07	4	4:37	8	5:00
Loddenke	2.20	10:37	4:49	4	2:16	12	2:26	6.30	35:44	5:40	4	6:53	9	7:24
Ilseburg/Markt	3.30	14:22	4:21	4	1:25	7	1:58	9.60	50:06	5:13	4	8:18	9	9:22