



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

BERNDT, Markus

Club: Skiclub Ilseburg
Number: 681

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 51:08

Speed: 10.56 km/h
Running performance: 5:20 min/km

Rank in course/Total: 68 (of 181)

Rank in course/Men: 58 (of 120)

Best time in course: 33:03

Rank in category: 4(of 10)

Best time in the category: 47:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:45	6:16	4	1:37	59	9:27	4.10	25:45	6:16	4	1:37	59	9:27
Loddenke	2.20	10:11	4:37	3	0:46	56	3:39	6.30	35:56	5:42	3	2:18	57	13:06
Ilseburg/Markt	3.30	15:12	4:36	4	0:51	62	5:08	9.60	51:08	5:19	4	3:09	58	18:05