



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Avram, Robin

Club: Hepp Hepp Hermsdorf  
Number: 618

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 54:17

Speed: 10.61 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 93 (of 181)

Rank in course/Men: 76 (of 120)

Best time in course: 33:03

Rank in category: 8(of 10)

Best time in the category: 47:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:44	6:31	5	2:36	70	10:26	4.10	26:44	6:31	5	2:36	70	10:26
Loddenke	2.20	11:26	5:11	7	2:01	85	4:54	6.30	38:10	6:03	7	4:32	74	15:20
Ilseburg/Markt	3.30	16:07	4:53	8	1:46	83	6:03	9.60	54:17	5:39	8	6:18	76	21:14