



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Ermrich, Michal

Club: brockenlaufverein  
Number: 642

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 55:29

Speed: 10.38 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 102 (of 181)

Rank in course/Men: 84 (of 120)

Best time in course: 33:03

Rank in category: 1(of 6)

Best time in the category: 55:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:43	7:00	1	-	90	12:25	4.10	28:43	7:00	1	-	90	12:25
Loddenke	2.20	10:59	4:59	1	-	74	4:27	6.30	39:42	6:18	1	-	86	16:52
Ilseburg/Markt	3.30	15:47	4:46	1	-	74	5:43	9.60	55:29	5:46	1	-	84	22:26