



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Alberti, Nicole

Club: Brockenlaufverein
Number: 607

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 55:31

Speed: 9.73 km/h
Running performance: 5:47 min/km

Rank in course/Total: 57 (of 181)

Rank in course/Women: 19 (of 61)

Best time in course: 40:44

Rank in category: 5(of 10)

Best time in the category: 41:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:22	6:55	5	7:34	24	8:15	4.10	28:22	6:55	4	7:34	23	8:15
Loddenke	2.20	11:03	5:01	5	2:52	21	2:52	6.30	39:25	6:15	3	10:26	18	11:05
Ilseburg/Markt	3.30	16:06	4:52	7	3:35	23	3:42	9.60	55:31	5:46	5	14:01	19	14:47