



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

KREMLING, Thomas

Club: Schiekepann  
Number: 744

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 55:42

Speed: 10.34 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 108 (of 181)

Rank in course/Men: 87 (of 120)

Best time in course: 33:03

Rank in category: 7(of 7)

Best time in the category: 41:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:03	6:50	7	7:38	87	11:45	4.10	28:03	6:50	7	7:38	87	11:45
Loddenke	2.20	10:54	4:57	7	2:41	69	4:22	6.30	38:57	6:10	7	10:19	82	16:07
Ilseburg/Markt	3.30	16:45	5:04	7	4:17	92	6:41	9.60	55:42	5:48	7	14:16	87	22:39