



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

ING, Kerstin

Club: Hamburg
Number: 761

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 56:08

Speed: 10.26 km/h
Running performance: 5:51 min/km

Rank in course/Total: 113 (of 181)

Rank in course/Women: 23 (of 61)

Best time in course: 40:44

Rank in category: 2(of 9)

Best time in the category: 52:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:23	6:55	3	2:47	25	8:16	4.10	28:23	6:55	3	2:47	25	8:16
Loddenke	2.20	11:14	5:06	2	0:20	25	3:03	6.30	39:37	6:17	2	2:24	22	11:17
Ilseburg/Markt	3.30	16:31	5:00	2	0:54	26	4:07	9.60	56:08	5:50	2	3:18	23	15:24