



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

WOLNY, Markus

Club: Melle
Number: 665

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:27

Speed: 9.57 km/h
Running performance: 5:53 min/km

Rank in course/Total: 115 (of 181)

Rank in course/Men: 91 (of 120)

Best time in course: 33:03

Rank in category: 9(of 10)

Best time in the category: 47:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men			
Ilsestein	4.10	27:41	6:45	9	3:33	85	11:23	4.10	27:41	6:45	9	3:33	85	11:23			
Loddenke	2.20	12:02	5:28	9	2:37	97	5:30	6.30	39:43	6:18	9	6:05	87	16:53			
Ilseburg/Markt	3.30	16:44	5:04	9	2:23	91	6:40	9.60	56:27	5:52	9	8:28	91	23:24			