



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HOLLBORN, Saskia

Club: Wiesbaden
Number: 753

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 56:34

Speed: 9.55 km/h
Running performance: 5:53 min/km

Rank in course/Total: 117 (of 181)

Rank in course/Women: 26 (of 61)

Best time in course: 40:44

Rank in category: 7(of 10)

Best time in the category: 41:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:42	7:00	8	7:54	30	8:35	4.10	28:42	7:00	8	7:54	30	8:35
Loddenke	2.20	11:52	5:23	9	3:41	35	3:41	6.30	40:34	6:26	8	11:35	31	12:14
Ilseburg/Markt	3.30	16:00	4:50	5	3:29	20	3:36	9.60	56:34	5:53	7	15:04	26	15:50