



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KRESIN, Mandy

Club: Magdeburg
Number: 779

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 56:38

Speed: 9.54 km/h
Running performance: 5:54 min/km

Rank in course/Total: 118 (of 181)

Rank in course/Women: 27 (of 61)

Best time in course: 40:44

Rank in category: 8(of 10)

Best time in the category: 41:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:35	6:58	7	7:47	29	8:28	4.10	28:35	6:58	7	7:47	29	8:28
Loddenke	2.20	10:50	4:55	4	2:39	15	2:39	6.30	39:25	6:15	3	10:26	18	11:05
Ilseburg/Markt	3.30	17:13	5:13	9	4:42	36	4:49	9.60	56:38	5:53	8	15:08	27	15:54