



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KNIPPSCHILD, Antje

Club: Ilseburg
Number: 737

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 57:27

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 124 (of 181)

Rank in course/Women: 32 (of 61)

Best time in course: 40:44

Rank in category: 1(of 4)

Best time in the category: 57:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:27	6:56	1	-	27	8:20	4.10	28:27	6:56	1	-	27	8:20
Loddenke	2.20	12:04	5:29	1	-	37	3:53	6.30	40:31	6:25	1	-	30	12:11
Ilseburg/Markt	3.30	16:56	5:07	1	-	33	4:32	9.60	57:27	5:59	1	-	32	16:43