



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

Abel, Ron

Club: Grün-Weiß Ilseburg
Number: 1000

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U8 (unter 8 Jahren)

Total time: 8:53

Speed: 12.16 km/h
Running performance: 4:56 min/km

Rank in course/Total: 33 (of 133)

Rank in course/Men: 24 (of 64)

Best time in course: 7:13

Rank in category: 7(of 18)

Best time in the category: 7:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	4:46	5:17	7	0:39	25	0:54	0.90	4:46	5:17	7	0:39	25	0:54
Ilseburg/Markt	0.90	4:07	4:34	5	0:23	19	0:35	1.80	8:53	4:56	7	1:02	24	1:40