



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

TITOV, Jana

Club: Hamburg
Number: 771

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:01:31

Speed: 8.78 km/h
Running performance: 6:25 min/km

Rank in course/Total: 148 (of 181)

Rank in course/Women: 43 (of 61)

Best time in course: 40:44

Rank in category: 2(of 4)

Best time in the category: 57:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:44	7:29	2	2:17	43	10:37	4.10	30:44	7:29	2	2:17	43	10:37
Loddenke	2.20	12:47	5:48	3	0:43	43	4:36	6.30	43:31	6:54	2	3:00	42	15:11
Ilseburg/Markt	3.30	18:00	5:27	2	1:04	44	5:36	9.60	1:01:31	6:24	2	4:04	43	20:47