



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

OTTO, Jens

Club: Bremen
Number: 775

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:02:25

Speed: 8.65 km/h
Running performance: 6:30 min/km

Rank in course/Total: 152 (of 181)

Rank in course/Men: 109 (of 120)

Best time in course: 33:03

Rank in category: 16(of 16)

Best time in the category: 33:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:05	7:34	15	14:03	105	14:47	4.10	31:05	7:34	15	14:03	105	14:47
Loddenke	2.20	12:29	5:40	15	5:50	104	5:57	6.30	43:34	6:54	15	19:53	107	20:44
Ilseburg/Markt	3.30	18:51	5:42	16	8:47	112	8:47	9.60	1:02:25	6:30	16	28:40	109	29:22