



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MUMME, Alena

Club: Bremen
Number: 776

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:02:25

Speed: 8.65 km/h
Running performance: 6:30 min/km

Rank in course/Total: 153 (of 181)

Rank in course/Women: 44 (of 61)

Best time in course: 40:44

Rank in category: 3(of 4)

Best time in the category: 57:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:05	7:34	3	2:38	46	10:58	4.10	31:05	7:34	3	2:38	46	10:58
Loddenke	2.20	12:29	5:40	2	0:25	42	4:18	6.30	43:34	6:54	3	3:03	43	15:14
Ilseburg/Markt	3.30	18:51	5:42	3	1:55	51	6:27	9.60	1:02:25	6:30	3	4:58	44	21:41