



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

TWUPACK, Ronny

Club: Radebeul
Number: 670

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:04:50

Speed: 8.88 km/h
Running performance: 6:45 min/km

Rank in course/Total: 164 (of 181)

Rank in course/Men: 114 (of 120)

Best time in course: 33:03

Rank in category: 10(of 10)

Best time in the category: 47:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	32:29	7:55	10	8:21	112	16:11	4.10	32:29	7:55	10	8:21	112	16:11
Loddenke	2.20	12:51	5:50	10	3:26	107	6:19	6.30	45:20	7:11	10	11:42	111	22:30
Ilseburg/Markt	3.30	19:30	5:54	10	5:09	116	9:26	9.60	1:04:50	6:45	10	16:51	114	31:47