



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Engelmann, Dieter

Club: GMRL
Number: 631

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:05:21

Speed: 8.26 km/h
Running performance: 6:49 min/km

Rank in course/Total: 166 (of 181)

Rank in course/Men: 115 (of 120)

Best time in course: 33:03

Rank in category: 4(of 5)

Best time in the category: 50:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:15	8:06	4	8:03	116	16:57	4.10	33:15	8:06	4	8:03	116	16:57
Loddenke	2.20	12:56	5:52	3	2:07	108	6:24	6.30	46:11	7:19	4	10:10	115	23:21
Ilseburg/Markt	3.30	19:10	5:48	4	4:20	113	9:06	9.60	1:05:21	6:48	4	14:30	115	32:18