



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

THEN, Elke

Club: TUS LG Lügde  
Number: 738

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:08:56

Speed: 8.36 km/h  
Running performance: 7:11 min/km

Rank in course/Total: 170 (of 181)

Rank in course/Women: 54 (of 61)

Best time in course: 40:44

Rank in category: 7(of 9)

Best time in the category: 52:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	25:36	6:14	1	-	12	5:29	4.10	25:36	6:14	1	-	11	5:29
Loddenke	2.20	20:52	9:29	9	9:58	61	12:41	6.30	46:28	7:22	7	9:15	53	18:08
Ilseburg/Markt	3.30	22:28	6:48	9	6:51	58	10:04	9.60	1:08:56	7:10	7	16:06	54	28:12