



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

SCHIRMER, Hartmut

Club: Aschersleben  
Number: 769

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 1:12:01

Speed: 7.50 km/h  
Running performance: 7:30 min/km

Rank in course/Total: 174 (of 181)

Rank in course/Men: 118 (of 120)

Best time in course: 33:03

Rank in category: 1(of 1)

Best time in the category: 1:12:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:10	8:05	1	-	115	16:52	4.10	33:10	8:05	1	-	115	16:52
Loddenke	2.20	17:10	7:48	1	-	120	10:38	6.30	50:20	7:59	1	-	118	27:30
Ilseburg/Markt	3.30	21:41	6:34	1	-	118	11:37	9.60	1:12:01	7:30	1	-	118	38:58