



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

SCHULZ, Bernd

Club: LLG Springe
Number: 719

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:19:19

Speed: 6.81 km/h
Running performance: 8:16 min/km

Rank in course/Total: 179 (of 181)

Rank in course/Men: 120 (of 120)

Best time in course: 33:03

Rank in category: 5(of 5)

Best time in the category: 50:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	39:04	9:31	5	13:52	120	22:46	4.10	39:04	9:31	5	13:52	120	22:46	
Loddenke	2.20	16:21	7:25	5	5:32	118	9:49	6.30	55:25	8:47	5	19:24	120	32:35	
Ilseburg/Markt	3.30	23:54	7:14	5	9:04	120	13:50	9.60	1:19:19	8:15	5	28:28	120	46:16	