



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

JANKOWSKI, Christof

Club: HANNOVER 97
Number: 393

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:49:49

Speed: 14.21 km/h
Running performance: 4:11 min/km

Rank in course/Total: 5 (of 500)

Rank in course/Men: 5 (of 423)

Best time in course: 1:35:36

Rank in category: 2(of 46)

Best time in the category: 1:41:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:58	4:13	4	1:47	10	1:59	3.30	13:58	4:13	4	1:47	10	1:59
Schlüsie	3.10	14:34	4:41	2	1:09	4	1:49	6.40	28:32	4:27	2	2:56	5	3:48
Hermannsklippe	2.60	12:48	4:55	2	0:51	5	1:37	9.00	41:20	4:35	2	3:47	6	5:25
Brocken	3.10	20:12	6:30	2	1:42	5	2:48	12.10	1:01:32	5:05	2	5:29	5	8:13
Eiserner Handwe	3.60	13:23	3:43	2	0:43	7	1:43	15.70	1:14:55	4:46	2	6:12	5	9:56
Schlüsie	4.10	12:55	3:09	2	0:58	7	1:54	19.80	1:27:50	4:26	2	7:10	5	11:50
Loddenke	3.10	10:21	3:20	2	0:21	4	1:05	22.90	1:38:11	4:17	2	7:31	5	12:55
Ilseburg/Markt	3.30	11:38	3:31	2	0:38	6	1:18	26.20	1:49:49	4:11	2	8:09	5	14:13