



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HEDDERICH, Thomas

Club: NSV Wernigerode
Number: 450

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:55:09

Speed: 13.55 km/h
Running performance: 4:24 min/km

Rank in course/Total: 8 (of 500)

Rank in course/Men: 8 (of 423)

Best time in course: 1:35:36

Rank in category: 1(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:55	4:13	1	-	7	1:56	3.30	13:55	4:13	1	-	7	1:56
Schlüsie	3.10	15:33	5:00	2	0:16	9	2:48	6.40	29:28	4:36	2	0:15	9	4:44
Hermannsklippe	2.60	13:23	5:08	1	-	7	2:12	9.00	42:51	4:45	2	0:10	9	6:56
Brocken	3.10	20:56	6:45	1	-	8	3:32	12.10	1:03:47	5:16	1	-	8	10:28
Eiserner Handwe	3.60	13:40	3:47	1	-	8	2:00	15.70	1:17:27	4:55	1	-	7	12:28
Schlüsie	4.10	13:35	3:18	3	0:03	11	2:34	19.80	1:31:02	4:35	1	-	8	15:02
Loddenke	3.10	11:41	3:46	5	0:46	19	2:25	22.90	1:42:43	4:29	1	-	8	17:27
Ilseburg/Markt	3.30	12:26	3:46	3	0:32	11	2:06	26.20	1:55:09	4:23	1	-	8	19:33