



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

SIEFKE, Martin

Club: Leipzig  
Number: 397

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:56:34

Speed: 13.38 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 9 (of 500)

Rank in course/Men: 9 (of 423)

Best time in course: 1:35:36

Rank in category: 2(of 45)

Best time in the category: 1:55:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:56	4:13	2	0:01	8	1:57	3.30	13:56	4:13	2	0:01	8	1:57
Schlüsie	3.10	15:17	4:55	1	-	8	2:32	6.40	29:13	4:33	1	-	8	4:29
Hermannsklippe	2.60	13:28	5:10	2	0:05	8	2:17	9.00	42:41	4:44	1	-	8	6:46
Brocken	3.10	21:17	6:51	2	0:21	11	3:53	12.10	1:03:58	5:17	2	0:11	9	10:39
Eiserner Handwe	3.60	14:25	4:00	4	0:45	14	2:45	15.70	1:18:23	4:59	2	0:56	10	13:24
Schlüsie	4.10	14:18	3:29	5	0:46	21	3:17	19.80	1:32:41	4:40	2	1:39	10	16:41
Loddenke	3.10	11:32	3:43	4	0:37	16	2:16	22.90	1:44:13	4:33	2	1:30	9	18:57
Ilseburg/Markt	3.30	12:21	3:44	2	0:27	10	2:01	26.20	1:56:34	4:26	2	1:25	9	20:58