



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

REIMERS, Sonka

Club: Absolute Tri Nottingham
Number: 2

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:57:27

Speed: 13.28 km/h
Running performance: 4:29 min/km

Rank in course/Total: 10 (of 500)

Rank in course/Women: 1 (of 77)

Best time in course: 1:57:27

Rank in category: 1(of 5)

Best time in the category: 1:57:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	14:41	4:26	1	-	1	-	3.30	14:41	4:26	1	-	1	-
Schlüsie	3.10	16:09	5:12	1	-	1	-	6.40	30:50	4:49	1	-	1	-
Hermannsklippe	2.60	14:27	5:33	1	-	1	-	9.00	45:17	5:01	1	-	1	-
Brocken	3.10	22:17	7:11	1	-	1	-	12.10	1:07:34	5:35	1	-	1	-
Eiserner Handwe	3.60	13:08	3:38	1	-	1	-	15.70	1:20:42	5:08	1	-	1	-
Schlüsie	4.10	13:08	3:12	1	-	1	-	19.80	1:33:50	4:44	1	-	1	-
Loddenke	3.10	11:25	3:40	1	-	1	-	22.90	1:45:15	4:35	1	-	1	-
Ilseburg/Markt	3.30	12:12	3:41	1	-	2	11:57	26.20	1:57:27	4:28	1	-	2	1:57:12