



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

LAMPE, Maik

Club: Magdeburg  
Number: 377

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:00:34

Speed: 12.94 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 18 (of 500)

Rank in course/Men: 17 (of 423)

Best time in course: 1:35:36

Rank in category: 3(of 85)

Best time in the category: 1:44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:51	4:30	4	1:58	18	2:52	3.30	14:51	4:30	4	1:58	18	2:52
Schlüsie	3.10	15:47	5:05	3	1:21	13	3:02	6.40	30:38	4:47	3	3:19	13	5:54
Hermannsklippe	2.60	13:53	5:20	3	1:06	14	2:42	9.00	44:31	4:56	3	4:16	13	8:36
Brocken	3.10	21:47	7:01	3	1:59	15	4:23	12.10	1:06:18	5:28	3	6:15	13	12:59
Eiserner Handwe	3.60	14:57	4:09	4	3:05	27	3:17	15.70	1:21:15	5:10	3	9:20	12	16:16
Schlüsie	4.10	13:59	3:24	3	2:03	15	2:58	19.80	1:35:14	4:48	3	11:23	14	19:14
Loddenke	3.10	11:46	3:47	4	1:49	23	2:30	22.90	1:47:00	4:40	3	13:12	14	21:44
Ilseburg/Markt	3.30	13:34	4:06	9	2:29	50	3:14	26.20	2:00:34	4:36	3	15:41	17	24:58