



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

MÜLLER, Holger

Club: Braunschweig
Number: 306

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:01:57

Speed: 12.89 km/h
Running performance: 4:39 min/km

Rank in course/Total: 19 (of 500)

Rank in course/Men: 18 (of 423)

Best time in course: 1:35:36

Rank in category: 3(of 53)

Best time in the category: 1:54:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:29	4:23	2	0:31	12	2:30	3.30	14:29	4:23	2	0:31	12	2:30
Schlüsie	3.10	16:10	5:12	3	0:37	18	3:25	6.40	30:39	4:47	3	1:08	14	5:55
Hermannsklippe	2.60	14:14	5:28	5	0:31	19	3:03	9.00	44:53	4:59	3	1:39	15	8:58
Brocken	3.10	22:47	7:20	5	2:08	26	5:23	12.10	1:07:40	5:35	5	3:19	19	14:21
Eiserner Handwe	3.60	14:40	4:04	3	1:23	19	3:00	15.70	1:22:20	5:14	3	4:42	15	17:21
Schlüsie	4.10	14:27	3:31	3	1:39	25	3:26	19.80	1:36:47	4:53	3	6:21	17	20:47
Loddenke	3.10	11:55	3:50	5	0:56	32	2:39	22.90	1:48:42	4:44	3	7:17	17	23:26
Ilseburg/Markt	3.30	13:15	4:00	8	0:40	35	2:55	26.20	2:01:57	4:39	3	7:57	18	26:21